# FOURTH GRADE PERSONAL SAFETY

A video is used to introduce discussion about situations that may be harmful or abusive, especially inappropriate touch, and how a student can get help from trusted adults. The focus of the presentation is on the child's right to be safe and to get help from a trusted adult.

TIME REQUIRED: 40-45 minutes

## **OBJECTIVES:**

- Students will recognize and discuss touches that are nurturing and touches that are hurtful or inappropriate
- Students will begin to recognize that they can say "no" to touches that they do not believe are appropriate
- Students will begin to develop strategies to tell trusted adults when they need help rather than keeping secrets
- Students will place the blame for the inappropriate behavior on the abuser, not themselves

## **OUTLINE:**

- 1. Video
- 2. Discussion of feelings and various kinds of touching
- 3. Discussion of options students can exercise to stop abuse and get help
- 4. Handout
- 5. Closure activity to review lesson

## **MATERIALS:**

Video: It's Not Your Fault or When Should You Tell (Alt.)

## **HANDOUTS:**

Safety Crossword

## **FACILITIES:**

Individual classroom DVD player, White/chalkboard