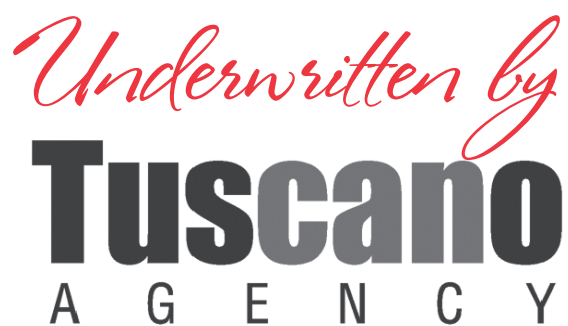




2014

Walk a Mile in Her Shoes®

The 4th Annual Men's March to Stop Rape, Sexual Assault & Gender Violence



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Remembering the True Victims

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10 Things Men Can Do To End Gender Violence

I join Blackburn Center's mission to end gender violence by pledging to ...

- Approach gender violence as a MEN'S issue involving men of all ages, socioeconomic, racial and ethnic backgrounds.
- Not look the other way if another man is abusing his partner or is disrespectful or abusive to women and girls in general. I will urge him to seek help. If I am not sure what to say, I will consult a friend, parent, professor or counselor. I WILL NOT REMAIN SILENT.
- Have the courage to look inward. I will question my own attitudes and try hard to understand how my own attitudes and actions might inadvertently perpetrate sexism and violence and work hard toward changing them.
- Gently ask if I can help if I think that a woman close to me is being abused or has been sexually assaulted.
- Seek professional help NOW if I am or have ever been emotionally, psychologically, physically or sexually abusive to women.
- Be an ally to women who are working to end all forms of gender violence.
- Recognize and speak out against homophobia. Discrimination and violence against lesbians and gays are wrong in and of themselves. This abuse has direct links to sexism.
- Educate myself and others about gender inequality, the root causes of gender violence and how larger social forces affect the conflicts between individual men and women.
- Protest sexism in the media. I will refuse to purchase magazines, films or music that portray women in a sexually degrading or abusive manner.
- Mentor and teach young boys about how to be men in ways that don't involve degrading or abusing girls and women. I will lead by example.