



“STAYING SAFE”

Your body is special, and you’re in charge of it. If anyone touches you in a way that hurts you, scares you or makes you feel like “UH-OH! inside, you can say “NO” and GO and TELL adults what happened. Draw a picture of some of the adults you can tell. Remember, no one should try to touch or see your private parts unless there is a GOOD REASON.

NO

GO

TELL



24 HOUR HOTLINE 724-836-1122

TOLL FREE 1-888-832-2272

www.blackburncenter.org



SAFETY TIPS



1. Say "NO" to anyone who wants you to break a safety rule.
2. Be sure your family knows where you are.
3. Take a friend along. Never go places alone.
4. If you have to be alone for a while, never tell anyone that you are alone
5. Trust the little voice inside of you that may say "UH-OH" when something doesn't seem right.
6. If you get lost, look for someone who works in that place to help you.
7. Secrets that will hurt you or someone else need to be told.
8. No one should try to see or touch your private parts unless there is a good reason. Some good reasons are:
 - a. You need some help getting dressed.
 - b. You need some help taking your bath.
 - c. You need some help using the toilet.
 - d. You need to be examined because you are sick or hurt.
9. If anyone touches you or does something in a way that scares you, hurts you or you feel like something is wrong, try to say "NO", get away and GO TELL grownups you trust what happened to you.

Keep telling until someone helps you!



24 HOUR HOTLINE 724-836-1122 OR

TOLL FREE 1-888-832-2272

www.blackburncenter.org

