

FOURTH GRADE BULLYING

This one day program examines how friendships can change over time, and how a person can identify not only the change, but how to navigate the decisions on whether this friendship is healthy and supportive. The video outlines warning signs of an unhealthy or exploitive relationship, how to discuss problems, and how to end the friendship if needed.

TIME REQUIRED: 40 – 45 minutes

OBJECTIVES:

Students will learn:

- The difference between healthy and unhealthy relationships
- How to spot a frenemy
- How to fix a friendship problem
- How to end a relationship that is bad for you

OUTLINE:

1. Introduce friendship quiz activity
2. Video with discussion of each section
3. Review major points as closure

MATERIALS:

Friendship Quiz
Video clips from the film

HANDOUT:

Frenemies

FACILITIES:

Individual classroom
Ability to play a DVD