

THIRD GRADE PERSONAL SAFETY

The video, *If It Happens to You: Talking about Abuse*, is used to introduce discussion about behaviors that may be harmful or abusive and how a child can get help from trusted adults. Emotional abuse, verbal abuse, physical abuse and sexual abuse are discussed in the video. The focus of the presentation is on the child's right to be safe and to get help from an adult.

TIME REQUIRED: 40-45 minutes

OBJECTIVES:

- Students will identify different kinds of touching, recognizing that some are nurturing and respectful, and some are hurtful, inappropriate or abusive
- Students will understand that others should not try to see or touch their private parts unless there is a good reason (for cleanliness or health)
- Students will recognize their right to refuse touches or other behaviors that hurt or make them feel unsafe
- Students will identify persons they can ask for help instead of keeping it a secret
- Students will recognize that they are not to blame if someone hurts them or touches them in an inappropriate way

OUTLINE:

1. Introduction of the video and topics to be discussed
2. Discussion of each video segment
3. Discussion of help seeking skills
4. Handout

MATERIALS:

Video: *If It Happens to You: Talking about Abuse*

HANDOUTS:

Safety Contract

FACILITIES:

Individual classroom
DVD player
White/chalkboard