

PRESCHOOL AND KINDERGARTEN HANDS ARE NOT FOR HITTING

This one day program uses the book, *Hands Are Not for Hitting*. The students discuss the value of positive, non-violent behavior.

TIME REQUIRED: One 30 minute class period

OBJECTIVES:

- Students will understand that violence is never okay
- Students will recognize how to use their hands and touching in a positive, respectful and caring way
- Students will recognize that they are capable of making good choices, even when they are angry

OUTLINE:

1. Read *Hands Are Not for Hitting*
2. Discuss appropriate ways to express anger
3. Closure activity to review lesson; grab bag with materials that demonstrate positive ways we use our hands

MATERIALS:

Book: *Hands Are Not for Hitting*
Grab bag with materials used by hands

FACILITIES:

Individual classroom with capacity for children to gather around presenter
Chair for presenter